

Master Your Mental Game! The Edge of Glory is based on renowned coach Nick Gancitano's philosophy, Every thought and action is an investment. This book highlights vital keys to long-term success for athletes, coaches and businesspeople, including the secret off-switch to the mind that instantly catapults you in to The Zone, where the leaders in every category of life reside. Contrary to what we've been taught, the key success lies not in hard work but the proper use of imagination, focusing thoughts only on what we want. You'll learn how to effectively stop the mind, eliminate confusion, and replace unwanted thoughts with vivid mental pictures to assure your success in sports and life. This book also reveals why team unity triumphs over superstars every time. In the process, it shatters the false belief that success requires years of playing under elite coaches, revealing that true genius arises from passion and trusting one's own inner coach.

Monitoring with Opsview, Family First: A Post-Military Wives Journey, Triangle - Set of 3 Cds: Applications Pratiques De La Langue Francaise (French Edition), The Saturday Evening Post December 14, 1968, Drury (Your Bridge to Conventions), Atheism - A Critique, My Encyclopedia of the Forest,

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